

W decay: $W^- \rightarrow e_L + \bar{\nu}_R$

(a) Precise conventions

$$\gamma_5 = -i\gamma^0\gamma^1\gamma^2\gamma^3$$

$$\gamma^i = \begin{pmatrix} 0 & \sigma^i \\ -\sigma^i & 0 \end{pmatrix}, \quad \gamma^0 = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}, \quad \gamma_5 = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \quad (1)$$

• helicity of massless left-handed state (right)

$$\psi_R = \begin{pmatrix} 0 \\ u_R \end{pmatrix}, \quad \psi_L = \begin{pmatrix} u_L \\ 0 \end{pmatrix}, \quad \psi = \begin{pmatrix} u_L \\ u_R \end{pmatrix} \quad (2)$$

$$m=0 \Rightarrow \not{p}\psi = 0$$

$$\Rightarrow \begin{pmatrix} 0 & p_0 - \vec{p} \cdot \vec{\sigma} \\ p_0 + \vec{p} \cdot \vec{\sigma} & 0 \end{pmatrix} \begin{pmatrix} u_L \\ u_R \end{pmatrix} = 0 \quad (3)$$

$$\Rightarrow (p_0 - \vec{p} \cdot \vec{\sigma}) u_R = 0; \quad (p_0 + \vec{p} \cdot \vec{\sigma}) u_L = 0 \quad (4)$$

⇓

$$h u_L = -1/2 u_L \quad h u_R = 1/2 u_R \quad (5)$$

$$h \equiv \vec{s} \cdot \hat{p} = \vec{s} \cdot \frac{\vec{p}}{|\vec{p}|} = \frac{\vec{\sigma} \cdot \vec{p}}{2 p_0} \quad (p^0 = |\vec{p}|)$$

⇓

left-handed fermions: $h = -1/2$ ($\bar{s} \uparrow \downarrow \bar{t}$)

right-handed fermions: $h = 1/2$ ($\bar{s} \uparrow \uparrow \bar{t}$)

• Polarization vectors of W-boson:

$$\left. \begin{aligned} \epsilon_{\mu T}^{(1)} &= \frac{1}{\sqrt{2}} (0; +1, +i, 0) / \sqrt{2} \\ \epsilon_{\mu T}^{(2)} &= \frac{1}{\sqrt{2}} (0; +1, -i, 0) / \sqrt{2} \\ \epsilon_{\mu L}^{(3)} &= (0; 0, 0, 1) \end{aligned} \right\} \text{rest-frame} \quad (6)$$

Notice: $\sum_i \epsilon_{\mu}^{(i)} \epsilon_{\nu}^{(i)*} = -g_{\mu\nu} + \frac{k_{\mu} k_{\nu}}{m^2} \quad (7)$
 $(k^0 = m, k^i = 0)$

• $\underbrace{(T_i)_{jk} = -i \epsilon_{ijk}}_{\text{generators of } SU(2) \text{ for the triplet (vector)}}$ give: $\underbrace{[T_i, T_j] = i \epsilon_{ijk} T_k}_{SO(3) = SU(2)} \quad (8)$

$$\Rightarrow T_3 = \begin{pmatrix} 0 & -i & 0 \\ i & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} \quad (9)$$

$$\Rightarrow T_3 \vec{\Sigma}_T^{(1)} = + \vec{\Sigma}_T^{(1)}$$

$$T_3 \vec{\Sigma}_T^{(2)} = - \vec{\Sigma}_T^{(2)}$$

$$T_3 \vec{\Sigma}_L^{(3)} = 0$$

(10)

$\Rightarrow \Sigma_{\mu T}^{(1)}$: corresponds to spin +1 along the z-axis ($S_z = 1$)

$\Sigma_{\mu T}^{(2)}$: $S_z = -1$

$\Sigma_{\mu L}^{(3)}$: $S_z = 0$

• Boosting in z-direction:

$$\begin{aligned} \Sigma_z' &= \frac{\Sigma_z + v \Sigma_0}{\sqrt{1-v^2}} \\ \Sigma_0' &= \frac{\Sigma_0 + v \Sigma_z}{\sqrt{1-v^2}} \end{aligned} \quad (11)$$

$$p = \frac{mv}{\sqrt{1-v^2}} ; E = \frac{m}{\sqrt{1-v^2}}$$

$$\Rightarrow v = p/E ; \frac{1}{\sqrt{1-v^2}} = E/m \quad (12)$$

$$\Rightarrow \epsilon_{\mu T}^{(1)} = \epsilon_{\mu T}^{(1)} ; \epsilon_{\mu T}^{(2)} = \epsilon_{\mu T}^{(2)}$$

- transverse polarization ($\perp \vec{p}$)

$$\epsilon_{\mu L}^{(3)} = \left(\frac{|\vec{p}|}{m} ; 0, 0, 0 \right) - \text{longitudinal} \\ (\parallel \vec{p})$$

(13)

• Notice: $k_\mu \epsilon^{\mu(i)} = 0 \quad (\Leftrightarrow \partial_\mu A^\mu = 0)$

normalization: $\epsilon_\mu^{(i)} \epsilon^{\mu \dagger(j)} = -\delta_{ij}$

Important comment

I took $\epsilon^T = (0, 1, \pm i, 0) / \sqrt{2}$

$$\Leftrightarrow S_3 = \begin{pmatrix} 0 & -i & 0 \\ i & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix}$$

Q, what dictates the form of S ? why is $T_3 = \begin{pmatrix} 1 & \\ & -1 \end{pmatrix}$ not good?

A. The choice of Pauli matrices.

check

$$A_i \equiv \bar{\psi} \gamma^i \psi = \psi^\dagger \gamma^0 \gamma^i \psi = \psi^\dagger \begin{pmatrix} \sigma_i & 0 \\ 0 & \sigma_i \end{pmatrix} \psi$$

$$\Rightarrow A_i' = \psi^\dagger (1 + i \theta_n \sigma_n / 2) \sigma_i (1 + i \theta_n \sigma_n / 2) \psi$$

$$= \psi^\dagger (\sigma_i + i \theta_n / 2 [\sigma_n, \sigma_i]) \psi =$$

$$= \psi^\dagger [\sigma_i + \theta_n \epsilon_{njk} \sigma_j] \psi = \psi^\dagger \sigma_i \psi + \epsilon_{ijn} \theta_j \psi^\dagger \sigma_n \psi$$

$$\Rightarrow A_i' = A_i + \epsilon_{ijn} \theta_j A_n = A_i + i (\theta_j T_j)_{ia} A_n$$

$$\Rightarrow \boxed{\epsilon_{ijn} (T_j)_{ia} = -i \epsilon_{ijn}}$$

Q.E.D.

Trace formulas

$$\boxed{\bullet \operatorname{Tr} [\gamma_\mu \gamma_\nu \gamma_\alpha \gamma_\beta] = 4 (g_{\mu\nu} g_{\alpha\beta} - g_{\mu\alpha} g_{\nu\beta} + g_{\nu\alpha} g_{\mu\beta})} \quad (14)$$

$$\bullet \operatorname{Tr} [\gamma_\mu \gamma_\nu \gamma_\alpha \gamma_\beta \gamma_5] = c \epsilon_{\mu\nu\alpha\beta}$$

use:

$$\gamma_5 = -i \gamma_0 \gamma^1 \gamma^2 \gamma^3 = i \gamma_0 \gamma_1 \gamma_2 \gamma_3$$

Check:

$$\begin{aligned} \gamma_0 \gamma^1 \gamma^2 \gamma^3 &= \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} 0 & \sigma_1 \\ -\sigma_1 & 0 \end{pmatrix} \begin{pmatrix} 0 & \sigma_2 \\ -\sigma_2 & 0 \end{pmatrix} \begin{pmatrix} 0 & \sigma_3 \\ -\sigma_3 & 0 \end{pmatrix} \\ &= \begin{pmatrix} -\sigma_1 & 0 \\ 0 & \sigma_1 \end{pmatrix} \begin{pmatrix} -\sigma_2 \sigma_2 & 0 \\ 0 & -\sigma_2 \sigma_3 \end{pmatrix} = \begin{pmatrix} \sigma_1 \sigma_2 \sigma_3 & 0 \\ 0 & -\sigma_1 \sigma_2 \sigma_3 \end{pmatrix} \\ \Rightarrow \gamma_5 &= \begin{pmatrix} 1 & 0 \\ 0 & -I \end{pmatrix} \quad \text{OK} \end{aligned}$$

$$\Rightarrow \operatorname{Tr} [\gamma_0 \gamma_1 \gamma_2 \gamma_3 \gamma_5] = i \operatorname{Tr} [\gamma_0 \gamma_1 \gamma_2 \gamma_3 \sigma_1 \sigma_2 \sigma_3] = -4i$$

$$\Rightarrow c = -4i \quad \text{w:}$$

$$\boxed{\operatorname{Tr} [\gamma_\mu \gamma_\nu \gamma_\alpha \gamma_\beta \gamma_5] = -4i \epsilon_{\mu\nu\alpha\beta}} \quad (15)$$

W - decay

$$- i g / \sqrt{2} \left[W_{\mu}^{-} \bar{e}_L \gamma^{\mu} \nu_L + h.c. \right]$$

⇓

$$|m|^2 = \frac{g^2}{2} \epsilon_{\mu} \bar{u}(p) \gamma^{\mu} L \nu(e) \bar{\nu}(e) \gamma^{\nu} L u \epsilon_{\nu}^{*}$$

↑
↑

electron of momentum p
anti-neutrino (momentum e)

⇓

$$|m|^2 = \frac{g^2}{2} \bar{u}(p) \not{\epsilon} L \nu(e) \bar{\nu}(e) \not{\epsilon}^{*} L u$$

next: $\sum_{\text{spin}} |m|^2 = ?$

use: $\sum_s u \bar{u} = \not{\epsilon}$
 $\sum_s \nu \bar{\nu} = \not{\epsilon}$

$$\Rightarrow \sum_s |m|^2 = \frac{g^2}{2} \text{Tr} \left[\not{\epsilon} \not{\epsilon} \not{\epsilon}^{*} L \not{\epsilon} \right] = \frac{g^2}{2} \text{Tr} \left[\not{\epsilon} \not{\epsilon} \not{\epsilon}^{*} \not{R} \right]$$

$$\Rightarrow \sum_0 |m|^2 = \frac{g^2}{4} T_V [\cancel{\epsilon} \cancel{\epsilon} \cancel{\epsilon}^* \cancel{\nu} (1 - \gamma_5)] \quad (17)$$

$$\cdot T_V \cancel{\epsilon} \cancel{\epsilon} \cancel{\epsilon}^* \cancel{\nu} = 4 [\epsilon \cdot \cancel{\nu} \epsilon^* \cdot \cancel{\nu} - \epsilon \cdot \cancel{\nu}^* \epsilon \cdot \cancel{\nu} + \cancel{\nu} \cdot \epsilon \epsilon^* \cdot \cancel{\nu}]$$

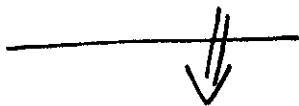
$$\epsilon = (0; +1, +i, 0) / \sqrt{2} \quad (S_z^W = +1)$$

$$\epsilon^* = (0; +1, -i, 0) / \sqrt{2}$$

$$\cancel{\nu}_+ = (1; \sin\theta, 0, \cos\theta) \frac{M_W}{2}$$

limit:
($m_e = m_\nu = 0$)

$$\cancel{\nu}_- = (1; -\sin\theta, 0, -\cos\theta) \frac{M_W}{2}$$



$$T_V \cancel{\epsilon} \cancel{\epsilon} \cancel{\epsilon}^* \cancel{\nu} = 4 \left(\frac{M_W}{2} \right)^2 \left[\frac{1}{2} \cdot 2 (-\sin^2\theta) + 2 \right]$$

$$\left(\text{use: } \begin{aligned} \epsilon \cdot \cancel{\nu} &= \epsilon^* \cdot \cancel{\nu} = -\frac{M_W}{2\sqrt{2}} \sin\theta \\ \epsilon \cdot \cancel{\nu} &= \epsilon^* \cdot \cancel{\nu} = \frac{M_W}{2\sqrt{2}} \sin\theta \\ \cancel{\nu} \cdot \cancel{\nu} &= \frac{M_W^2}{4} \cdot 2 \end{aligned} \right)$$

$$T_V \cancel{\epsilon} \cancel{\epsilon} \cancel{\epsilon}^* \cancel{\nu} = M_W^2 [1 + \cos^2\theta]$$

(18)

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$$\begin{aligned} \bullet T_V [\not{L} \not{L} \not{L}^* \not{L} \gamma_5] &= -4i \epsilon_{\mu\nu\alpha\beta} \epsilon^{\mu\nu\alpha\beta} \epsilon^{\mu\nu\alpha\beta} \epsilon^{\mu\nu\alpha\beta} \\ &= +2 M_W^2 \cos \theta \end{aligned} \quad (19)$$

\Downarrow

$$\sum_s |m|^2 = \frac{g^2}{4} M_W^2 [1 + \cos^2 \theta - 2 \cos \theta]$$

parity conserving

parity violation
(γ_5)

\Downarrow

$$\sum_s |m|^2 = \frac{g^2}{4} M_W^2 (1 - \cos \theta)^2$$

(20)

Differential cross section

$$\frac{d\Gamma}{d\Omega} = \frac{1}{(2\pi)^2} \int \frac{p^2 dp}{2p_0} \int \frac{d^3\ell}{2\ell_0} \frac{1}{2k_0} \sum_s |M|^2 \delta^{(4)}(k-p-\ell) \quad (21)$$

$$k_0 = M_W, \quad \vec{k} = 0 \quad \begin{matrix} (p \equiv |\vec{p}|) \\ (\ell \equiv |\vec{\ell}|) \end{matrix}$$

⇓

$$\frac{d\Gamma}{d\Omega} = \frac{1}{4\pi^2} \frac{g^2}{4} M_W^2 (1 - \cos\theta)^2 \frac{1}{2M_W} \int \frac{p^2 dp}{2p_0} \frac{1}{2p_0} \delta(M_W - 2p)$$

$$\text{Since: } \int \frac{d^3\ell}{2\ell_0} \delta^{(3)}(\vec{p} + \vec{\ell}) = \frac{1}{2|\vec{p}|} = \frac{1}{2p_0}$$

⇓

$$\frac{d\Gamma}{d\Omega} = \frac{g^2 M_W^4}{4\pi^2 \cdot 4 \cdot 2 \cdot 4} \frac{1}{2} (1 - \cos\theta)^2$$

$$\frac{d\Gamma}{d\Omega}(\theta) = \frac{g^2 M_W^4}{256 \pi^2} (1 - \cos\theta)^2 \quad (22)$$

Total decay rate

$$\Gamma_w = \int \frac{d\Gamma}{d\Omega} d\Omega = 2\pi \int \frac{d\Gamma}{d\Omega} \sin\theta d\theta$$

⇓

$$\Gamma_w = \frac{g^2 M_W}{256\pi^2} \cdot 2\pi \underbrace{\int_0^\pi \sin\theta d\theta (1-\cos\theta)^2}_{8/3}$$

$$\Rightarrow \boxed{\Gamma_w(+1) = \frac{g^2 M_W}{48\pi}} \quad \text{for } J_z^W = +1$$

Similarly :

$$\boxed{\Gamma_w(-1) = \frac{g^2 M_W}{48\pi} = \Gamma_w(+1)}$$

Must be equal = question of convention
what is up and what is down

• Exercise: $\Gamma(0) = ?$ ($\int_7^W = 0$)

$$\Rightarrow \epsilon_{\mu L} = (0; 0, 0, 1)$$



$$\sum_s |m|^2 = \frac{g^2}{2} M_W^2 \sin^2 \theta$$



must vanish for both $\theta=0$ and $\theta=\pi$ by the same helicity arguments as before for transverse W

$$\frac{d\Gamma(0)}{d\Omega} = \frac{g^2 M_W}{16\pi^2} \cdot \frac{1}{8} \sin^2 \theta \leftarrow \frac{\text{NO } P \text{ violation!}}{(\text{why???)}}$$

answer: no preferred direction

$$\Gamma(0) = \frac{g^2 M_W \cdot 2\pi}{16\pi^2 \cdot 8} \underbrace{\int_0^\pi \sin^2 \theta d\theta}_{9/3}$$



$$\Gamma(0) = \frac{g^2 M_W}{48\pi} = \Gamma(+1) = \Gamma(-1)$$

must be same = rotational symmetry still present when W at rest

Exercise

Compute the decay rate for the ~~averaged~~
averaged spin of W

we:

$$\sum_i \epsilon_\mu^{(i)} \epsilon_\nu^{*(i)} = \left[-g_{\mu\nu} + \frac{k_\mu k_\nu}{m_W^2} \right]$$

and we need:

$$\sum \frac{1}{3} |M|^2 = \frac{g^2}{12} T_V \left[\begin{array}{l} \text{(a)} \\ -\gamma^\mu \not{k} \gamma_\mu \not{p} (1-\gamma_5) \\ \text{(b)} \\ + \not{k} \not{p} \not{k} \not{p} (1-\gamma_5) \end{array} \right]$$

$$= \frac{g^2}{12} \left[\begin{array}{l} \text{(a)} \\ + \not{p} \not{p} \\ \text{(b)} \\ + \frac{4}{m_W^2} (2 \not{k} \not{p} \not{k} \not{p} - \not{k} \not{p} \not{p} \not{k}) \end{array} \right]$$

$$k^2 = M_W^2; \quad \not{p} \not{p} = M_W^2/2$$

$$\not{k} \not{p} = \not{k} \not{p} = M_W^2/2$$

$$\sum \frac{1}{3} |M|^2 = \frac{g^2 M_W^2}{3}$$

$$= \frac{4g^2}{12} \left[\not{p} \not{p} + \frac{2 \not{k} \not{p} \not{k} \not{p}}{m_W^2} \right]$$

$$\frac{M_W^2}{2} + \frac{M_W^2}{2} = M_W^2$$

$$= \frac{g^2}{3} M_W^2$$

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⇓

$$\Gamma_w = \frac{1}{4\pi^2} \frac{g^2 M_w^2}{3} \int \frac{d^3 p}{2p_0} \int \frac{d^3 \ell}{2\ell_0} \frac{1}{2M_w} \delta^{(4)}(p + \ell - e)$$

$$= \frac{g^2 M_w}{48\pi} \quad \text{as expected}$$

$$\Gamma_w = \frac{1}{3} \left[\Gamma(+1) + \Gamma(-1) + \Gamma(0) \right]$$

all equal = $\frac{g^2 M_w}{48\pi}$

Obviously, must be the same, since all polarisations give the same

$$\Gamma_w = \frac{\alpha M_w}{120 \pi^2}$$

Total W decay

$$\Gamma(W \rightarrow e\bar{\nu}) = \frac{\alpha M_W}{12 \sin^2 \theta_W} \times \frac{1}{3} \quad / \quad 3 \text{ generations of leptons}$$

$$\Gamma(W \rightarrow \bar{u}d) = \frac{\alpha M_W}{12 \sin^2 \theta_W} \times 3 \text{ (color)} \quad (m_u = m_d = 0)$$

$$\times 2 \quad / \quad 2 \text{ generations } (m_t > M_W)$$

$$\Rightarrow \boxed{\Gamma_W = \frac{\alpha M_W}{12 \sin^2 \theta_W} (3 + 6) = \frac{3}{4} \frac{\alpha M_W}{\sin^2 \theta_W}}$$

Take : $\sin^2 \theta_W \approx 0.25$ (two multiplicity)

$$\alpha(M_W) \approx 1/120$$

$$\Rightarrow \Gamma(W) \approx \frac{M_W}{40} \approx 2 \text{ GeV}$$

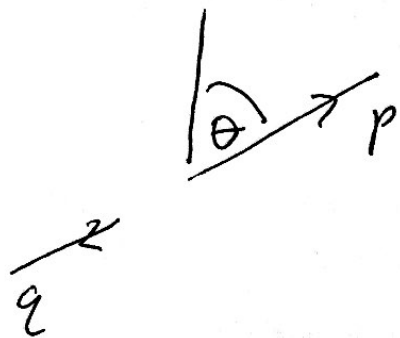
PDG : 2.085 ± 0.042

} not bad
two approximations
we took

W decay - explicit spinor formulas

$$g/\sqrt{2} \bar{u}_L \gamma^\mu d_L W_\mu^+ + h.c.$$

$$\Rightarrow M = g/\sqrt{2} \bar{u}_L(p) \gamma^\mu v_L(e) \epsilon_\mu$$



we choose \vec{p} in (x, z) plane

$$\vec{p} = p(\cos\theta, 0, \sin\theta)$$

$$= O(\theta) \begin{pmatrix} 0 \\ 0 \\ p \end{pmatrix}$$

$$\text{where } O(\theta) = \begin{pmatrix} \cos\theta & 0 & \sin\theta \\ 0 & 1 & 0 \\ -\sin\theta & 0 & \cos\theta \end{pmatrix}$$

• take $\uparrow \uparrow S_z^w = +1 \Rightarrow \epsilon_\mu = \frac{1}{\sqrt{2}} (0, 1, i, 0)$

The system is equivalent to fermions moving along z -axis and rotating ϵ_μ by $(-\theta)$

$$\Rightarrow \vec{\epsilon} \rightarrow \begin{pmatrix} \cos\theta & 0 & -\sin\theta \\ 0 & 1 & 0 \\ \sin\theta & 0 & \cos\theta \end{pmatrix} \begin{pmatrix} 1 \\ i \\ 0 \end{pmatrix} \frac{1}{\sqrt{2}} = \begin{pmatrix} \cos\theta \\ i \\ \sin\theta \end{pmatrix} \frac{1}{\sqrt{2}}$$

i.e. $\epsilon_\mu = \frac{1}{\sqrt{2}} (0, \cos\theta, i, \sin\theta)$

so we can take: $u(p) = \sqrt{2p} \chi_L = \sqrt{2p} \begin{pmatrix} 0 \\ 1 \end{pmatrix}$ - fermion
($h = -1/2$)

$v(e) = i \sigma_2 \chi_L^* = \sqrt{2q} \begin{pmatrix} 1 \\ 0 \end{pmatrix}$ - anti-fermion
($h = +1/2$)

$$\Rightarrow M = g \sqrt{2} u^+(p) \sigma^\mu u(e) \epsilon_\mu =$$

$$\boxed{p=q}$$

||

$M_W/2$

$$= g \sqrt{2pq} (01) \begin{bmatrix} \sin\theta & (1+\cos\theta) \\ (\cos\theta-1) & -\sin\theta \end{bmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix} \frac{1}{\sqrt{2}}$$

$$= g \sqrt{2} p (\cos\theta - 1) \frac{1}{\sqrt{2}} = -g p (1 - \cos\theta) = \frac{-g M_W}{2} (1 - \cos\theta)$$

notice: $M \rightarrow 0$, as $\theta \rightarrow 0$
as expected and
computed by trace
techniques

$$\boxed{|M_T^{(H)}|^2 = \frac{g^2 M_W^2}{4} (1 - \cos\theta)^2}$$

Formula (20) in
my notes on W^-
decay

-no effort - only some
thought

• $\hat{S}_2^W = -1 \Rightarrow$ immediately ~~also~~ $i \rightarrow -i \Rightarrow$

$$|M_T^{(-)}|^2 = \frac{g^2 M_W^2}{4} (1 + \cos\theta)^2$$

• longitudinal

$$\vec{\epsilon}_L = \begin{pmatrix} \cos\theta & 0 & -\sin\theta \\ 0 & 1 & 0 \\ \sin\theta & 0 & \cos\theta \end{pmatrix} \begin{pmatrix} 0 \\ 0 \\ 1 \end{pmatrix} = \begin{pmatrix} -\sin\theta \\ 0 \\ \cos\theta \end{pmatrix}$$

$$\Rightarrow \epsilon_\mu(L) = (0; -\sin\theta, 0, \cos\theta)$$

$$M(L) = \frac{g}{\sqrt{2}} \cdot 2P(01) \begin{bmatrix} \cos\theta & -\sin\theta \\ -\sin\theta & -\cos\theta \end{bmatrix} \begin{pmatrix} 1 \\ 0 \end{pmatrix}$$

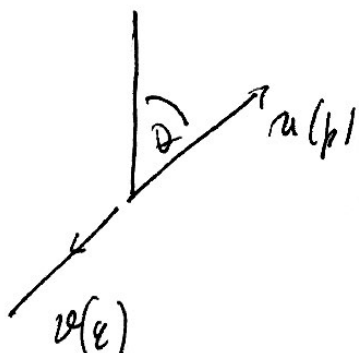
$$= -\frac{g}{\sqrt{2}} M_W \sin\theta$$

$$\Rightarrow |M(L)|^2 = \frac{g^2}{2} M_W^2 \sin^2\theta$$

page 12 of my notes
on W decay

one can of course keep W-spin as z-axis
and rotate the spinors (or solve for

$h = \pm 1/2$ spinors in θ
direction)



$$u = \sqrt{2E} \begin{pmatrix} -\sin\theta/2 \\ \cos\theta/2 \end{pmatrix}$$

$$v = \sqrt{2E} \begin{pmatrix} \cos\theta/2 \\ \sin\theta/2 \end{pmatrix}$$

• $\epsilon_T(+)=1/\sqrt{2} (0, 1, i, 0)$

$$\Rightarrow M = g/\sqrt{2} \cdot u^\dagger \bar{\sigma}^\mu \psi \epsilon_\mu = \frac{g}{2} \cdot 2E u^\dagger (\sigma^1 + i\sigma^2) \psi$$

$$= g \frac{M_W}{2} \cdot (-\sin \frac{\theta}{2}, \cos \frac{\theta}{2}) \begin{pmatrix} 0 & 2 \\ 0 & 0 \end{pmatrix} \begin{pmatrix} \cos \frac{\theta}{2} \\ \sin \frac{\theta}{2} \end{pmatrix}$$

$$= +g \frac{M_W}{2} \cdot (-2 \sin^2 \frac{\theta}{2}) = -g \frac{M_W}{2} (1 - \cos \theta)$$

$$\Rightarrow |M|^2 = g^2 \frac{M_W^2}{4} (1 - \cos \theta)^2 \checkmark$$
